

(英語)

避難所に行きましょう

Seek refuge at an evacuation shelter

When your house has collapsed or is about to collapse, you should seek refuge at the nearest evacuation shelter.

There you can receive food and water and also use the restrooms, as well as find a place to sleep and get the latest disaster information.

So make sure that you go to a shelter; it is free and available for foreigners as well.