



### 4 Medical and pensions (please refer to [F Medical](#), [G Pensions](#))

If a worker who has entered into health insurance or his or her family become sick or injured, the necessary medical treatment benefits and allowance will be paid. In addition, if the worker has entered into pension insurance, if certain fixed requirements are fulfilled, a pension will be paid to the worker.

#### 4-1 Medical

Foreigners living in Japan are applicable for health insurance and for national health insurance. In the case of a foreigner who has not entered into these systems, the financial responsibility for the medical treatment expenses must be borne by the person themselves.

##### (1) Health insurance

As long as he or she is constantly employed at an applicable business, a foreigner is applicable for health insurance and must enter into this insurance system. When you enter into health insurance, in the event that you or a member of your family become sick or injured and undergo a medical examination, the necessary medical treatment benefits and allowance will be paid. Other than sickness or injury, benefits will also be paid in the event of a birth or death. The responsibility for paying the insurance fees is split 50-50 between the worker and the employer. In the case of a worker who has not entered into health insurance, he or she will be responsible for paying all medical treatment fees. For details, please enquire at the social insurance office whose jurisdiction your place of work is under (please refer to [F Medical 4-2 Health insurance](#)).

##### (2) National health insurance

Foreigners who are not applicable for health insurance are, as a general principle, applicable for national health insurance if they are applicable to be registered on the Basic Resident Register and have a period of stay of over 3 months designated by immigration law (includes foreigners who even if their stay is less than 3 months are after that permitted to live in Japan for more than 3 months). By entering into national health insurance, the insured person in the event of becoming sick or injured and undergoing a medical examination can receive necessary medical treatment expenses. There are also benefits in the event of a birth or death. For details, please enquire at the administrative office of the municipality where you undertook resident registration (please refer to [F Medical, 4-3 National health insurance](#)).