



2 Long-term care insurance system

2-2 How to receive long-term care services

(1) Under what circumstances?

You can receive long-term care services only when long-term care has become necessary after the age of 65, or due to specified diseases caused by aging (16 types) which occur between age 40 and 64 years old.

(2) Accreditation of the need for long-term care or assistance

In order to receive long-term care services, you need to submit an application to your municipal administrative office, and receive a “long-term care accreditation” regarding the degree of your need for long-term care. When the application has been received and the accreditation survey carried out, a judgment on the degree of your need for long-term care is reached at the Long-Term Care Accreditation Committee based on these results and on the written opinion of a physician (7 levels of accreditation : need for assistance1-2, and need for long-term care levels 1-5)