



### 1 In an emergency

#### 1-2 Preparation for emergencies

##### (1) Emergency personal cards

You should create an “emergency personal card” where important information relating to you is written down, for use when there is an emergency. The essential items are your name, gender, date of birth, blood type, residential address, home telephone number, mobile telephone number, nationality, insurance number, alien registration number, passport number, the languages you can speak, and the place people should contact in the event of emergency.

##### Emergency personal cards

Name	Adress		Telephone number/ Mobile telephone number					
<hr/>								
Nationality	Gender	Male/ Female	Date of birth	Year	Month	Day	Blood type	Type
<hr/>								
Alien registration			Passport number					
<hr/>								
Insurance number			Place to contact in the event of emergency					
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Languages spoken								
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##### (2) What to say when reporting an emergency

If you dial 119 or 110, you will be asked where the fire engine or police car should go. Stay calm, and speak slowly and loudly. If you cannot explain in Japanese, you should ask a person you know nearby who can speak Japanese. You should practice saying your address frequently in Japanese. In addition, when you communicate a location to the police or fire department, they will be able to reach the place more quickly if you tell them of a building etc. nearby that can function as a landmark.

##### ●When you call the fire department on 119

Communicate the following in the following order

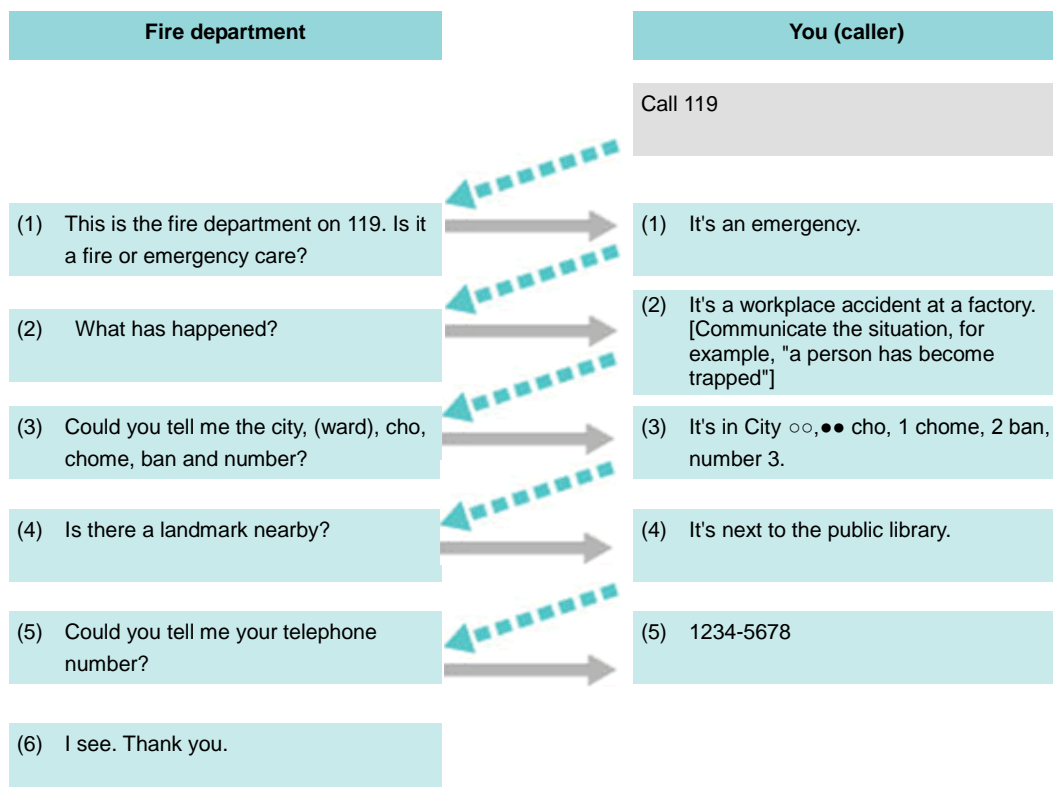


1 Whether it is for a fire or emergency care

2 The location

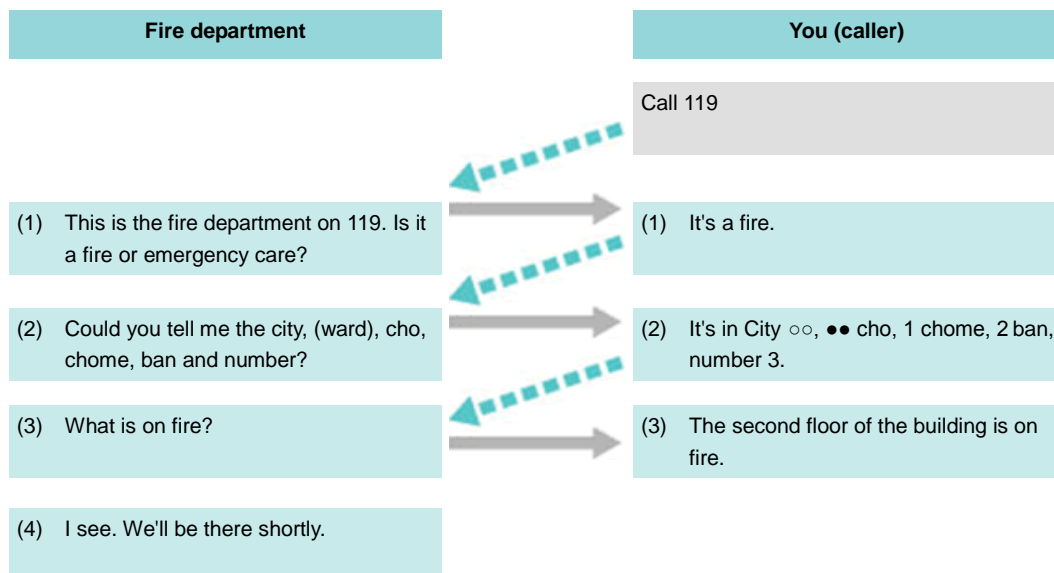
3 Your own name

Example of questions you will be asked in a report when you call an ambulance





Example of questions you will be asked in a report when you call for a fire engine.



### ●When you call the police on 110

Communicate the following in the following order

- 1 What has happened (communicate the circumstances, for example a traffic accident or a crime)
- 2 The location (the place or address where the crime occurred)
- 3 Your own name

\*In the case of an injured person, if you report this to the police they will arrange an ambulance for you.