

Nursing Care Assistant System (Tokushima Version)

Lifelong Active Citizen Acceleration Project for Active Seniors

Tokushima Prefecture



Tokushima Prefecture Version Nursing Care Assistant

Situation (background, aims, etc.)

Preparing for 2025 when the post-war baby-boom generation will be over 75 years old, demand in the field of nursing care is expected to increase. Although securing the necessary human resources is an urgent issue, with the extension of average life expectancy and healthy life expectancy, there are more energetic and motivated senior people and it is necessary to increase opportunities for such people to play important roles. Under such circumstances, the prefecture established Nursing Care Assistant System (Tokushima Version) in fiscal year 2017.

Details (project outline, etc.)

Nursing Care Assistant System (Tokushima Version) is a system to support a new style of work at nursing care sites, allowing to work without having any previous experience or qualifications, even for a short time. It is a system to improve the working environment of nursing care services by sorting out care workers' work, which used to cover a wide range of miscellaneous work, and allowing nursing care assistants to do peripheral care work including cleaning, bed-making and being a companion.

Results (features and innovations, future developments, etc.)

In the two fiscal years 2017 and 2018, 94 active seniors participated in the prefecture's model project (for three months) as nursing care assistants, of which 67 (71%) continued being working after the model project had finished.