

(英語)

在日外国人向けの心の相談を受け付けています

Counseling services available for foreign residents in Japan

The Japanese Society of Transcultural Psychiatry is open for counseling on mental and emotional troubles due to the Great East Japan Earthquake, such as anxiety and insomnia. Please pass on the following email address to any foreigners in your vicinity who may be suffering from such emotional problems. Specialist advisers are available to provide multilingual support to foreign residents in need of counseling.

■Counseling Center (Japanese)

Contact: Noriaki Shinohara

E-mail: transcultural_mental_health@yahoo.co.jp

FAX: 03-5225-1292

Mobile: 080-1115-9320

■Counseling Center for Transcultural Mental Health Aid

<http://www.jstp.net/disaster/soudan1.html>

Report No. 20, December 15, 2011